



Lamplight

FALL 2009

FRIENDS OF NURSING NEWSLETTER

President's Message



Dr. Mary Jo Coast, President

Dear FON Members,

As we embark upon a new season of events and activities, I am struck by our sense of commitment and passion for the mission of Friends of Nursing: *To advance professional nursing by providing scholarships for quality education in baccalaureate and higher degree programs in Colorado Schools of Nursing and improve the health of Colorado communities.*

As president, I am honored to be working with the Board of Directors and the Membership of the Friends of Nursing, established by a small group of women in 1981 who wanted to improve the quality of health care through educational support of the profession of nursing and ensure that those who sought nursing education had financial help in doing so. Their steadfast work of establishing and faithfully maintaining the Friends of Nursing and the work of all those who followed, has provided a constant vehicle to promote the quality and the spirit of nursing for generations to come.

The Friends of Nursing publishes its newsletter, the lamplight, every fall. If you have noteworthy information to share with the membership, please send an article to any of the board members, and we will get it to the proper person for publication. Our publication is intended to share important news, ideas, and thoughts of its membership. Please note when the FON Board of Directors meet. If you have any questions and/or concerns, please feel free to contact any board member or me to have your questions and/or concerns presented to the board. We will respond in a timely manner. Additionally, the 2000 -2010 calendar of events can be found in the membership roster and this issue of the Lamplight.

The FON Board Members and I look forward
Sincerely,

MARY JO COAST, RN, PhD

President, Friends of Nursing



Friends of Nursing Calendar of Events, 2009 - 2010

- ❖ *FON Patron Preview Dinner; Old Fashioned Christmas Tour November 18, 2009*
- ❖ *Old Fashioned Christmas tour at Phipps Mansion, November 19-22, 2009*
- ❖ *Spring Scholarship Awards Luncheon, May 1, 2010*
- ❖ *Annual Meeting, TBA*
- ❖ *Board of Director's Meeting, November 20, 2009*
- ❖ *Board of Director's Meeting, January 15, 2010*
- ❖ *Board of Director's Meeting, February 19, 2010*
- ❖ *Board of Director's Meeting, March 19, 2010*
- ❖ *Board of Director's Meeting, April 16, 2010*
- ❖ *Board of Director's Meeting, May 21 20*

Friends of Nursing holds a Membership meeting annually in September. This is the meeting designated to share information with the membership of FON, and it is a time to get together and share our important events, get to know new members, and renew old friendships. The Membership Meeting is held annually in September -- this year, it was held at the Glenmoor Country Club on September 18th. We also hold an Annual Meeting in the spring, usually March, for the purpose of communication as well as FON business, including voting on board members and positions. This is an important meeting for FON, and we encourage all members of FON who can to attend and participate—we need your voice!

A lively Patron Party precedes the Christmas Tour dates on Wednesday evening.

The Board of Directors meets on 3rd Fridays (except July and December). *La Fawn Biddle, FON BOD*

Friends of Nursing Scholarship News

For over 25 years, Friends of Nursing (FON) has given scholarships and grants to deserving students in baccalaureate and advanced nursing programs within the state of Colorado. Last year alone, FON gave 24 deserving students in Colorado Baccalaureate nursing programs scholarships and grants amounting to a total of over \$65,000. FON is proud to have been a part of infusing new enthusiasm and strength into the profession of nursing! The Colorado-based nursing programs that have been recipients of FON scholarships and grants are: Adams State College, Beth-El College of Nursing, Colorado State University at Pueblo, Mesa State College, Metropolitan College of Nursing, Regis University School of Nursing, University of Colorado Health Sciences School of Nursing, and University of Northern Colorado School of Nursing.

Through a collaborative effort involving Colorado Nurses Foundation, Sigma Theta Tau, and FON; one general application can be completed and submitted to all three nursing organizations to obtain their respective scholarships. The collaborative effort begins in the fall each year through distribution of a tri-fold brochure that highlights each of the three organizations and their separate

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submission dates. This collaborative process has proven to be useful not only to FON, but to all three nursing organizations and the students as well.

The application process culminates in the spring each year with the traditional Spring Scholarship Awards Luncheon when scholarship and grant recipients receive their monetary award and certificate from FON as a recipient of FON's generosity. We are all looking forward to that event as an opportunity to share the successes of our nursing student recipients with faculty, friends, FON members, and family! There will be more information regarding the Spring Scholarship Awards Luncheon in future mailings and newsletters. *Dr. Cris Finn, 2nd Vice President, Friends of Nursing*

About Friends of Nursing

Every year since 1981 Friends of Nursing has awarded scholarships to qualifying candidates. A Liaison Education Committee, composed of liaisons to the accredited Colorado nursing schools whose eligibility is designated by the Board, receives and reviews applications and makes recommendations to the Scholarship and Grants Committee. The SGC is composed of the President, President-Elect, 1st Vice-President, plus four additional FON members. At least three of these must be registered nurses and at least three must *not* be nurses. This committee is responsible for *awarding* scholarships and grants to deserving nurses. An annual Spring Scholarship Awards Luncheon is the venue for introduction of Scholars and presentation of their awards.

Friends of Nursing was founded in 1981 as Friends of Nursing of the University of Denver, a non-profit support group for the school's nursing students and programs. When the University phased out its School of Nursing in 1985, the organization was renamed Friends of Nursing and its scope broadened to embrace Colorado's colleges and universities that offer baccalaureate degree programs in nursing.

About the ORGANIZATION

FON welcomes to membership all who are interested in supporting this vital dimension of health care. Nurses, former nurses and those engaged in health-related fields are just a part of the total, which also includes a broad cross-section of other concerned individuals. FON is an all-volunteer organization, governed by elected officers and a Board of Directors. With no office, no paid staff, no overhead, minimal expenses and 100% volunteer effort, our monies go totally to support Nurse Scholarships.

About the Scholarships

Named Scholarships make up an important part of the awards program. A gift of \$10,000.00 establishes a perpetual named scholarship; a gift of \$2,000 provides a one-time named scholarship.

Traditional Named Scholarships include:

Leila B. Kinney Scholarship provided through the LBK Endowment, awarded to an individual who demonstrates clinical excellence.

Greta Pollard Scholarship, named for the FON founding president who collaborated with a colleague to establish FON as an avenue to attract

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new talent to the field of nursing.

President's Scholarship, presented to an individual who demonstrates the potential to be a leader in the nursing profession.

Verda Richie Memorial Scholarship, named for a nurse who was part of the nursing staff at St Luke's Hospital for 23 years and ended her career as Director of Nursing.

St Luke's Alumnae Scholarships, given to an individual who demonstrates the continued pursuit of advanced nursing education. This scholarship is funded in perpetuity by the St Luke's gift to the Friends of Nursing endowment.

Additional Named Scholarships are part of the annual awards presentation.

The 2010 Scholarship Awards Luncheon will be held at Lakewood Country Club on May 1, 2010.

LaFawn Biddle, BOD FON

2009 Friends of Nursing Scholarship Recipients

The Friends of Nursing was proud to announce the Scholarship recipients at the 2009 Spring Awards Luncheon:

Adams State College

Patrick Cummings--Greta Pollard Scholarship

Tiffanie Hoover--FON Award

Tammy Jo Romero--FON Award

Colorado State University-Pueblo

Rachel Ives--Margaret Lewis Scholarship

Jill M. Johnson-- FON Award

Heather H. Palm--St. Luke's Alumnae Award

Mesa State College

Ciara L. Guthrie--Wayne T. "Dusty" Biddle Memorial Scholarship

Nikos Hollis-- FON Award

Heather D. Johnson--FON Award

Metropolitan State College

Angela J. Davis--FON Award

Jose Rodriquez--FON Award

Stephen M. Wiseman--FON Award

Regis University

Jennifer Buckwalter--FON Award, Monahan Grant

Jonelle Hogan--Verda Richie Memorial Scholarship, Monahan Grant

Rebecca C. Sposato--Viola Baudendistel Memorial Scholarship, Monahan Grant

University of Colorado, Colorado Springs

Kimberly M. Coons --Leila B. Kinney Scholarship

Traci Mullins--FON Award

Lara M. Spencer--Theresa Brofman Memorial Scholarship

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University of Colorado Denver

Paul Henning--FON Presidents' Award
Shannon St. John--Anita & Joe Becky Family Scholarship
Stacy M. Skiftenes--FON Award

University of Northern Colorado

Kristen J. Rodgers--Ruth Harboe Memorial Scholarship
Paula Ruedebusch--FON Award
Anna Tokareva--Geogia & Walter Imhoff Scholarship

2008 - 2009 MEMBERS OF THE BOARD



Front Row: *Cris Finn, Pat Lambert, Jane Jurassic, LaFawn Biddle, Jeanne Reeves, Angela Savage*
Second Row: *Stevetta Dickerson, Karen Pennington, Mary Jo Coast, Mary Carol, Cheri Bellamy, Phyllis Dickerson, Claire Sandekian*
This picture was taken at the Annual Spring Meeting, 2009

LET OUR OFFICERS of 2009 -2010 WELCOME YOU

The Board of Directors of FON is composed of a cross-section of individuals concerned with quality healthcare -- nurses and non-nurses.

This year's Elected Officers are:

- | | |
|--------------------------|--------------------------|
| President | MaryJo Coast |
| President-Elect | Janice Jurasic |
| First V-P | Pam Stoeckel |
| Second V-P | Cris Finn |
| Recording Secretary | Kathleen Whalen |
| Treasurer | Juanita Tate |
| Immediate Past President | Phyllis Graham-Dickerson |

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Appointed Officers are

Rebecca Carlson Corresponding Sect
Clare Sandekian Financial Manager
Jeanne Reeves Historian

This year's Board includes new and long-standing members of Friends of Nursing.

Education Liaisons

University of Colorado Beth-El

Dr. Barbara Joyce- School Representative

Dr. Cindy Roach- FON Liaison

Mesa State College

Dr. Alma Jackson- School Representative

Gretchen Sigafos-FON Liaison

Metro State College

Mary Alice Sawaya- School Representative

Mary Carol Ferrera- FON Liaison

Adam State College

Aida Sahud- School Representative

Elaine Regan- FON Liaison

Colorado State Pueblo

Ruth DePalma- School Representative

Theresa Wright- FON Liaison

University of Northern Colorado

Audrey Bopp- FON Liaison

Regis University

Lynn Wimett- Co-FON Liaison

Patsy Cullen-Co-FON Liaison

University of Colorado Denver

Pam Spry- FON Liaison

FON Member School Highlights

In each of the upcoming newsletters a Friends of Nursing member school will be highlighted. If you have information about your school, please submit to a board member for publication!

Beth-El College of Nursing, UCCS

Beth-El College was originally one of two schools of nursing owned by the city in which they resided (CO Springs) before they affiliated with University of Colorado at Colorado Springs. Beth-El celebrated 100 years as a school of nursing in 2003. Beth El College of Nursing is now affiliated with University of Colorado at Colorado Springs. The dean is Dr. Nancy Smith, PhD, APN, BC, FAANP. Jan Jurassic has been the liaison to that school for 17 years.



Get Ready for the Old Fashioned Christmas Tour!

Friends of Nursing has been known for our Old Fashioned Christmas Tour at the Phipps Mansion for many years. Last year, it was wonderfully resurrected and a great success! We are happy and thankful to all who contribute and who spend countless hours organizing this event, which is a wonderful way to usher in the holiday season. Denver's leading florists beautifully decorate each room in the Mansion, and we often have music as well to get us in that Season's spirit! This event is a major fundraising event for Friends of Nursing and especially loved by all.

Bring your Christmas list to FON's holiday celebration at Phipps Mansion and Tennis Pavilion, November 19-22. The Boutique at the Pavilion will be filled with a broad selection created by leading artisans from the area. Shopping hours are 10 – 4 daily and admission is free with your Tour ticket. Admission for the Mansion is 15\$ at the door, or books of ten tickets (available now from FON members and Board of Director members) are \$100. Proceeds from the Mansion tours fund scholarships to nursing students at 8 Colorado Colleges and Universities. *LaFawn Biddle, FON, BOD*

Notice to all members—you can help this season with your fantastic culinary and craft delights! We need help in stocking the "Mistletoe Pantry" that operates in the mansion kitchen every year. This is a great opportunity for fun and fundraising for FON. You can bake ahead and freeze to make it easier. Canning can be done any time between now and the tour, and all baked and culinary goods are greatly appreciated. We can use jams/jellies, salsa/chips, canned fruits, cookies, breads, pies, and cakes as well as crafts such as knit or crochet items, potholders, kitchen towels, and small baskets appropriate to the season. If you want to contribute, please bring to the mansion kitchen on the first day of the event. A huge thank you from the pantry committee! *Shirley Rarey, Chair Mistletoe Pantry*

History of Belcaro and the Phipps Mansion

When Senator and Mrs. Lawrence C. Phipps built Belcaro (which means "dear one") to provide business and jobs during the Depression-ridden period, another page was written in the history of a remarkable family -- and Denver was given what many believe to be its most exquisite mansion, the interior of which is a historical record in itself. The 54-room Georgian structure dominates a five-acre site augmented by beautiful gardens, loggias, courts and a tennis house, which served as the site of many fashionable Denver parties hosted by the Phipps family. In 1960 Mrs. Phipps gave the tennis pavilion to the University of Denver and with the concurrence of her two sons, Allan and Gerald, the mansion in 1964. In 1977 Belcaro was entered in the Historic American Building Survey by the US Department of the Interior as a Denver Landmark by the Landmark Preservation Commission of the City of Denver.

Friends of Nursing is privileged to stage the Old Fashioned Christmas Tour of Historic Phipps Mansion (3400 Belcaro Drive in Denver). That's the week before Thanksgiving, so mark your calendar and bring a friend to enjoy a self-guided tour of the

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mansion featuring holiday decor and stop by the Pantry to select a homemade delicacy created by members of FON! *LaFawn Biddle, BOD, FON*

Membership Information

It's easy--- Just Clip and Mail this Application and Dues or contributions to:

Friends of Nursing

PO BOX 735 Englewood CO 80151

Please enroll me as a member of Friends of Nursing. I am interested in its purpose and programs.

Name _____

Address _____ City _____ State _____ Zip _____

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|---|---|
| <input type="radio"/> Regular Annual dues \$40 | <input type="radio"/> I am a Nurse |
| <input type="radio"/> Sustaining contribution \$ 75 | <input type="radio"/> I am not a nurse, but want to support nursing |
| <input type="radio"/> Lifetime \$400 | <input type="radio"/> I am not ready to join now, but keep me informed of your activities and special events. |

Please correct my name, address, or email with the new information:

Name _____

Address _____

Email _____

Please accept my one-time donation for scholarships: Amount: _____